

The Promises of Recovery

(From Celebrate Recovery Leader's Guide, pg. 154;
Paraphrased from the Big Book of AA, pp. 83-84)

If we work this principle to the best of our ability, we will be amazed before we are halfway through, when we realize that we know a new freedom and a new happiness. We will no longer regret the past. We have a new understanding of serenity and peace. We will see how our experience with our hurts, hang-ups and habits can benefit others.

That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in others, causing our self-seeking to slip away. Our whole attitude and outlook on life changes. And suddenly we realize that God is doing for us what we could not do for ourselves!